

Important Health Office Memo

September 2021

Dear Parents/Guardians:

Welcome back!! We hope everyone had a fun-filled, healthy, and relaxing summer. As we begin a new school year, we wanted to make you aware of the **Latest** Health Office Procedures for the 2021/2022 school year.

- If your child is absent due to a communicable disease, the nurse **MUST** be notified ex: Influenza, COVID 19, Varicella, Pertussis, Meningococcal. In addition, Contagious Illnesses such as Strep Throat, Coxsackie, Conjunctivitis, Fifth Disease must be reported to the nurse.
- If a student presents or complains of 2 of the following symptoms, parents will be contacted to pick up their child within 30 minutes: **New respiratory and/or Gastrointestinal issue, Temp 100 or higher, Fever or chills, Cough, Shortness of breath, or difficulty breathing, Fatigue, Muscle or body aches, Headache, New loss of taste or smell, Sore throat, Congestion or runny nose, nausea or vomiting, Diarrhea.**
- Those who develop COVID-19 compatible symptoms who have not been tested must stay home at least 10 days (from symptom onset) and at least 24 hours after resolution of fever without fever-reducing medications and improvement of symptoms.
-A PCR test must be received; At-home testing or rapid tests can not be accepted.
- Those who test positive for COVID-19 must notify their school nurse and students must isolate for 10 days.
-A PCR test must be received; At-home testing or rapid tests can not be accepted.
- Per the Asthma and Allergy Foundation of America, MDI's are recommended during school hours at this time, for respiratory treatments. If nebulizers are required they must be administered in an Isolation room with appropriate precautions.
- Masks will be required in school for all students and staff. Masks during PE, recess, and outdoor activities are optional.
- Please remember if your child needs to take medication while in school (over the counter or prescription) a *Medication Authorization form* is needed to be completed and signed by your physician along with a parent signature.
- If your child received the COVID-19 Vaccine- please make a copy, and send to nurse.

If you have any questions please email us at dallen@nhschools.net or lromeo@nhschools.net.